

DAILY MORNING PRAYER

The Officiant may begin Morning Prayer by reading an opening sentence of Scripture.

Let the words of my mouth and the meditation of my heart be always acceptable in your sight, O LORD, my rock and my redeemer.

PSALM 19:14

CONFESSION OF SIN

The Officiant says to the People

Dearly beloved, the Scriptures teach us to acknowledge our many sins and offenses, not concealing them from our heavenly Father, but confessing them with humble and obedient hearts that we may obtain forgiveness by his infinite goodness and mercy. We ought at all times humbly to acknowledge our sins before Almighty God, but especially when we come together in his presence to give thanks for the great benefits we have received at his hands, to declare his most worthy praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things which are necessary for our life and our salvation. Therefore, draw near with me to the throne of heavenly grace.

Silence is kept. All kneeling, the Officiant and People say

Almighty and most merciful Father,

we have erred and strayed from your ways like lost sheep.

We have followed too much the devices and desires of our own hearts.

We have offended against your holy laws.

We have left undone those things which we ought to have done,

and we have done those things which we ought not to have done;

and apart from your grace, there is no health in us.

O Lord, have mercy upon us.

Spare all those who confess their faults.

Restore all those who are penitent, according to your promises declared to all people in Christ Jesus our Lord.

And grant, O most merciful Father, for his sake,

that we may now live a godly, righteous, and sober life,

to the glory of your holy Name. Amen.

The Priest alone stands and says

Almighty God, the Father of our Lord Jesus Christ, desires not the death of sinners, but that they may turn from their wickedness and live. He has empowered and commanded his ministers to pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all who truly repent and genuinely believe his holy Gospel. For this reason, we beseech him to grant us true repentance and his Holy Spirit, that our present deeds may please him, the rest of our lives may be pure and holy, and that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

All stand.

Officiant O Lord, open our lips;

People **And our mouth shall proclaim your praise.**

Officiant O God, make speed to save us;

People **O Lord, make haste to help us.**

Officiant Glory be to the Father, and to the Son, and to the Holy Spirit;

People **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Officiant Praise the Lord.

People **The Lord's Name be praised.**

Then follows the Venite.

VENITE
O Come

O come, let us sing unto the LORD; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and show ourselves glad in him with psalms.
For the LORD is a great God *
and a great King above all gods.
In his hand are all the depths of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands prepared the dry land.
O come, let us worship and fall down, *
and kneel before the LORD our Maker.
For he is our God, *
and we are the people of his pasture,
and the sheep of his hand.
Today, if you will hear his voice, harden not your hearts *
as in the provocation, and as in the day of temptation in the wilderness,
When your fathers tested me, *
and put me to the proof, though they had seen my works.
Forty years long was I grieved with this generation and said, *
“It is a people that err in their hearts, for they have not known my ways,”
Of whom I swore in my wrath *
that they should not enter into my rest.

PSALM 95:1-11

Then follows

THE PSALM OR PSALMS APPOINTED

DAY 13: MORNING PRAYER

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Exsurgat Deus

- 1 Let God arise, and let his enemies be scattered; * let those who hate him also flee before him.
- 2 As the smoke vanishes, so shall you drive them away; * and as wax melts before the fire, so let the ungodly perish before the presence of God.
- 3 But let the righteous be glad and rejoice before God; * let them also be merry and joyful.
- 4 O sing unto God, and sing praises unto his Name; magnify him who rides upon the heavens. * The LORD is his Name; rejoice before him.
- 5 He is a father of the fatherless and defends the cause of the widows, * God in his holy habitation.
- 6 He is the God who gives the solitary a home, and brings the prisoners out of captivity, * but lets the rebellious dwell in a desert land.
- 7 O God, when you went forth before the people, * when you went through the wilderness,
- 8 The earth shook, and the heavens poured forth rain at the presence of God, * even as Sinai also was moved at the presence of God, who is the God of Israel.
- 9 You, O God, sent a gracious rain upon your inheritance * and refreshed the land when it was weary.

10 Your congregation found a dwelling there, * for you, O God, of your goodness have provided
 for the poor.
 11 The Lord gave the word; * great was the company of those who proclaimed the tidings.
 12 Kings with their armies fled, they fled, * and the women at home divided the spoil.
 13 Though you have lain among the sheepfolds, * yet shall you be like the wings of a dove that are
 covered with silver, and whose feathers shine like gold.
 14 When the Almighty scattered kings, * it was as if it snowed in Zalmon.
 15 As the hill of Bashan, so is God's hill, * even a high hill, as the hill of Bashan.
 16 Why look with envy, you high hills? This is God's hill, on which it pleases him to dwell; * surely,
 the LORD will abide on it for ever.
 17 The chariots of God are twenty thousand, even thousands of angels, * and the Lord has come
 from Sinai into the holy place.
 18 You have gone up on high; you have led captivity captive, and received gifts from men, * even
 from your enemies, that the LORD God might dwell among them.
 19 Praised be the Lord daily, * even the God who helps us and pours his benefits upon us.
 20 He is our God, the God from whom salvation comes; * God is the LORD, by whom we escape
 death.
 21 God shall wound the head of his enemies, * and the hairy scalp of those who persist in their
 wickedness.
 22 The Lord has said, "I will bring back my people again, as I did from Bashan; * my own will I
 bring back again, as I did before from the depths of the sea,
 23 That your foot may be dipped in the blood of your enemies, * and that the tongues of your dogs
 may be red with blood."
 24 Your solemn procession is seen, O God, * how you go into the sanctuary, my God and King.
 25 The singers go before, the musicians follow after; * in the midst are the maidens playing the
 timbrels.
 26 Give thanks unto God in the congregations, * unto the LORD, the fountain of Israel.
 27 There is little Benjamin their ruler, and the princes of Judah their counsel, * the princes of
 Zebulon, and the princes of Naphtali.
 28 O God, send forth your strength; * establish, O God, what you have wrought in us.
 29 For your temple's sake at Jerusalem, * kings shall bring presents unto you.
 30 Rebuke the beasts that dwell among the reeds, * a herd of bulls with their calves;
 31 Rebuke the peoples who trample on those whom you have tried as silver, * and scatter the
 peoples who delight in war.
 32 Then shall they bring tribute out of Egypt; * Ethiopia shall stretch out her hands unto God.
 33 Sing unto God, O you kingdoms of the earth; * sing praises unto the Lord,
 34 Unto God who sits in the heavens over all from the beginning; * he sends out his voice, his
 mighty voice.
 35 Ascribe power to God over Israel; * his worship and strength are in the clouds.
 36 O God, you are wonderful in your holy places; * the God of Israel will give strength and power
 to his people. Blessed be God.

At the end of the Psalms the Gloria Patri (Glory be...) is sung or said

Glory be to the Father, and to the Son, and to the Holy Spirit; *
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

THE FIRST LESSON

A Reading from the 4th Chapter of the 2nd Book of the Kings, Beginning at the 1st Verse:

Elisha and the Widow's Oil

4 Now the wife of one of the sons of the prophets cried to Elisha, "Your servant my husband is dead, and you know that your servant feared the Lord, but the creditor has come to take my two children to be his slaves." 2 And Elisha said to her, "What shall I do for you? Tell me; what have you in the house?" And she said, "Your servant has nothing in the house except a jar of oil." 3 Then he said, "Go outside, borrow vessels from all your neighbors, empty vessels and not too few. 4 Then go in and shut the door behind yourself and your sons and pour into all these vessels. And when one is full, set it aside." 5 So she went from him and shut the door behind herself and her sons. And as she poured they brought the vessels to her. 6 When the vessels were full, she said to her son, "Bring me another vessel." And he said to her, "There is not another." Then the oil stopped flowing. 7 She came and told the man of God, and he said, "Go, sell the oil and pay your debts, and you and your sons can live on the rest."

Elisha and the Shunammite Woman

8 One day Elisha went on to Shunem, where a wealthy woman lived, who urged him to eat some food. So whenever he passed that way, he would turn in there to eat food. 9 And she said to her husband, "Behold now, I know that this is a holy man of God who is continually passing our way. 10 Let us make a small room on the roof with walls and put there for him a bed, a table, a chair, and a lamp, so that whenever he comes to us, he can go in there."

11 One day he came there, and he turned into the chamber and rested there. 12 And he said to Gehazi his servant, "Call this Shunammite." When he had called her, she stood before him. 13 And he said to him, "Say now to her, 'See, you have taken all this trouble for us; what is to be done for you? Would you have a word spoken on your behalf to the king or to the commander of the army?'" She answered, "I dwell among my own people." 14 And he said, "What then is to be done for her?" Gehazi answered, "Well, she has no son, and her husband is old." 15 He said, "Call her." And when he had called her, she stood in the doorway. 16 And he said, "At this season, about this time next year, you shall embrace a son." And she said, "No, my lord, O man of God; do not lie to your servant." 17 But the woman conceived, and she bore a son about that time the following spring, as Elisha had said to her.

Elisha Raises the Shunammite's Son

18 When the child had grown, he went out one day to his father among the reapers. 19 And he said to his father, "Oh, my head, my head!" The father said to his servant, "Carry him to his mother." 20 And when he had lifted him and brought him to his mother, the child sat on her lap till noon, and then he died. 21 And she went up and laid him on the bed of the man of God and shut the door behind him and went out. 22 Then she called to her husband and said, "Send me one of the servants and one of the donkeys, that I may quickly go to the man of God and come back again." 23 And he said, "Why will you go to him today? It is neither new moon nor Sabbath." She said, "All is well." 24 Then she saddled the donkey, and she said to her servant, "Urge the animal on; do not slacken the pace for me unless I tell you." 25 So she set out and came to the man of God at Mount Carmel.

When the man of God saw her coming, he said to Gehazi his servant, "Look, there is the Shunammite. 26 Run at once to meet her and say to her, 'Is all well with you? Is all well with your husband? Is all well with the child?'" And she answered, "All is well." 27 And when she came to the mountain to the man of God, she caught hold of his feet. And Gehazi came to push her away. But the man of God said, "Leave her alone, for she is in bitter distress, and the Lord has hidden it from me and has not told me." 28 Then she said, "Did I ask my lord for a son? Did I not say, 'Do not deceive me?'" 29 He said to Gehazi, "Tie up your garment and take my staff in your hand and go. If you meet anyone, do not greet him, and if anyone greets you, do not reply. And lay my staff on the face of the child." 30 Then the mother of the child said, "As the Lord lives and as you yourself live, I will not leave you." So he arose and followed her. 31 Gehazi went on ahead and laid the staff on the face of the child, but there was no sound or sign of life. Therefore he returned to meet him and told him, "The child has not awakened."

32 When Elisha came into the house, he saw the child lying dead on his bed. 33 So he went in and shut the door behind the two of them and prayed to the Lord. 34 Then he went up and lay on the child, putting his mouth on his mouth, his eyes on his eyes, and his hands on his hands. And as he stretched himself upon him, the flesh of the child became warm. 35 Then he got up again and walked once back and forth in the house, and went up and stretched himself upon him. The child sneezed seven times, and the child opened his eyes. 36 Then he summoned Gehazi and said, "Call this Shunammite." So he called her. And when she came to him, he said, "Pick up your son." 37 She came and fell at his feet, bowing to the ground. Then she picked up her son and went out.

Elisha Purifies the Deadly Stew

38 And Elisha came again to Gilgal when there was a famine in the land. And as the sons of the prophets were sitting before him, he said to his servant, "Set on the large pot, and boil stew for the sons of the prophets." 39 One of them went out into the field to gather herbs, and found a wild vine and gathered from it his lap full of wild gourds, and came and cut them up into the pot of stew, not knowing what they were. 40 And they poured out some for the men to eat. But while they were eating of the stew, they cried out, "O man of God, there is death in the pot!" And they could not eat it. 41 He said, "Then bring flour." And he threw it into the pot and said, "Pour some out for the men, that they may eat." And there was no harm in the pot.

42 A man came from Baal-shalishah, bringing the man of God bread of the firstfruits, twenty loaves of barley and fresh ears of grain in his sack. And Elisha said, "Give to the men, that they may eat." 43 But his servant said, "How can I set this before a hundred men?" So he repeated, "Give them to the men, that they may eat, for thus says the Lord, 'They shall eat and have some left.'" 44 So he set it before them. And they ate and had some left, according to the word of the Lord.

The Word of the Lord.

People **Thanks be to God.**

TE DEUM LAUDAMUS

We Praise You, O God

We praise you, O God; we acclaim you as Lord; *
all creation worships you, the Father everlasting.
To you all angels, all the powers of heaven, *
the cherubim and seraphim, sing in endless praise:
Holy, Holy, Holy, Lord God of power and might, *
heaven and earth are full of your glory.
The glorious company of apostles praise you. *
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you. *
Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all praise, *
and the Holy Spirit, advocate and guide.
You, Christ, are the king of glory, *
the eternal Son of the Father.
When you took our flesh to set us free *
you humbly chose the Virgin's womb.
You overcame the sting of death *
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory. *

We believe that you will come to be our judge.
Come then, Lord, and help your people, *
bought with the price of your own blood,
and bring us with your saints *
to glory everlasting.
Save your people, Lord, and bless your inheritance;*
govern and uphold them now and always.
Day by day we bless you; *
we praise your Name for ever.
Keep us today, Lord, from all sin; *
have mercy on us, Lord, have mercy.
Lord, show us your love and mercy, *
for we have put our trust in you.
In you, Lord, is our hope; *
let us never be put to shame.

THE SECOND LESSON

A Reading from the 2nd Chapter of the 1st Epistle of St. John, Beginning at the 7th Verse:

The New Commandment

7 Beloved, I am writing you no new commandment, but an old commandment that you had from the beginning. The old commandment is the word that you have heard. 8 At the same time, it is a new commandment that I am writing to you, which is true in him and in you, because the darkness is passing away and the true light is already shining. 9 Whoever says he is in the light and hates his brother is still in darkness. 10 Whoever loves his brother abides in the light, and in him there is no cause for stumbling. 11 But whoever hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

12 I am writing to you, little children,
because your sins are forgiven for his name's sake.
13 I am writing to you, fathers,
because you know him who is from the beginning.
I am writing to you, young men,
because you have overcome the evil one.
I write to you, children,
because you know the Father.
14 I write to you, fathers,
because you know him who is from the beginning.
I write to you, young men,
because you are strong,
and the word of God abides in you,
and you have overcome the evil one.

Do Not Love the World

15 Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. 16 For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life[— is not from the Father but is from the world. 17 And the world is passing away along with its desires, but whoever does the will of God abides forever.

Warning Concerning Antichrists

18 Children, it is the last hour, and as you have heard that antichrist is coming, so now many antichrists have come. Therefore we know that it is the last hour. 19 They went out from us, but they were not of us; for if they had been of us, they would have continued with us. But they went out, that it might become plain that they all are not of us. 20 But you have been anointed by the Holy One, and you all have knowledge. 21 I write to you, not because you do not know the truth, but because you know it, and because no lie is of the truth. 22 Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. 23 No one who denies the Son has the Father. Whoever confesses the Son has the Father also. 24 Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you too will abide in the Son and in the Father. 25 And this is the promise that he made to us—eternal life.

26 I write these things to you about those who are trying to deceive you. 27 But the anointing that you received from him abides in you, and you have no need that anyone should teach you. But as his anointing teaches you about everything, and is true, and is no lie—just as it has taught you, abide in him.

Children of God

28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. 29 If you know that he is righteous, you may be sure that everyone who practices righteousness has been born of him.

The Word of the Lord.
People **Thanks be to God.**

BENEDICTUS *The Song of Zechariah*

Blessed be the Lord, the God of Israel; *
 he has come to his people and set them free.
He has raised up for us a mighty savior, *
 born of the house of his servant David.
Through his holy prophets he promised of old
that he would save us from our enemies, *
 from the hands of all who hate us.
He promised to show mercy to our fathers *
 and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
 to set us free from the hands of our enemies,
Free to worship him without fear, *
 holy and righteous in his sight
 all the days of our life.
You, my child, shall be called the prophet of the Most High, *
 for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
 by the forgiveness of their sins.
In the tender compassion of our God *
 the dawn from on high shall break upon us,
To shine on those who dwell in darkness
and in the shadow of death, *
 and to guide our feet into the way of peace.
Glory be to the Father, and to the Son, and to the Holy Spirit; *
 as it was in the beginning, is now, and ever shall be,

world without end. Amen.

LUKE 1:68-79

THE APOSTLES' CREED

Officiant and People together, all standing

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS

Officiant The Lord be with you.

People **And with your spirit.**

Officiant Let us pray.

The People kneel or stand.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Officiant O Lord, show your mercy upon us;

People **And grant us your salvation.**

Officiant O Lord, guide those who govern us;

People **And lead us in the way of justice and truth.**

Officiant Clothe your ministers with righteousness;

People **And let your people sing with joy.**

Officiant O Lord, save your people;

People **And bless your inheritance.**

Officiant Give peace in our time, O Lord;

People **And defend us by your mighty power.**

Officiant Let not the needy, O Lord, be forgotten;

People **Nor the hope of the poor be taken away.**
Officiant Create in us clean hearts, O God;
People **And take not your Holy Spirit from us.**

The Officiant then prays one or more of the following Collects, always beginning with the Collect of the Day (usually the Collect of the Sunday or Principal Feast and of any of the weekdays following, or of the Holy Day being observed), found on pages 598-640. It is traditional to pray the Collects for Peace and Grace daily. Alternatively, one may pray the Collects on a weekly rotation, using the suggestions in italics.

THE COLLECT OF THE DAY: PROPER 22
Week of the Sunday from October 2 to October 8

Keep, O Lord, your household the Church in continual godliness, that through your protection it may be free from all adversities, and devoutly serve you in good works, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A COLLECT FOR PEACE

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. **Amen.**

A COLLECT FOR GRACE

O Lord, our heavenly Father, almighty and everlasting God, you have brought us safely to the beginning of this day: Defend us by your mighty power, that we may not fall into sin nor run into any danger; and that, guided by your Spirit, we may do what is righteous in your sight; through Jesus Christ our Lord. **Amen.**

PRAYER FOR MISSION

Almighty and everlasting God, who alone works great marvels: Send down upon our clergy and the congregations committed to their charge the life-giving Spirit of your grace, shower them with the continual dew of your blessing, and ignite in them a zealous love of your Gospel; through Jesus Christ our Lord. **Amen.**

The Officiant may invite the People to offer intercessions and thanksgivings.

A hymn or anthem may be sung.

Before the close of the Office one or both of the following prayers may be used.

THE GENERAL THANKSGIVING

Officiant and People

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,**

not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
Through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

A PRAYER OF ST. JOHN CHRYSOSTOM

Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

Officiant Let us bless the Lord.

People **Thanks be to God.**

The Officiant says one of these concluding sentences (and the People may be invited to join)

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

2 CORINTHIANS 13:14